

## Question 86

Name \_\_\_\_\_

**Q86.** What is the fourth commandment?

**A86.** Remember the Sabbath day, to keep it holy.

Six days you shall labor and do all your work, but the seventh day is a Sabbath of the LORD your God; in it you shall not do any work, you or your son or your daughter, your male or your female servant or your cattle or your sojourner who stays with you. For in six days the LORD made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the LORD blessed the Sabbath day and made it holy.

*Scrip. Base:* Gen.1:1-2:3, Ex 20, Lev. 23:3, Heb 4:9,11

*Doctrine:* WCF19, 21:1-8 SC 57-62

### Supplementary Questions

1. What is the Sabbath?

2. What does it mean to remember?

Songs: “The Greatest Commandment” &  
“The Ten Commandments” – Judy Rogers

### Teaching Notes

Review Q85 What does the third commandment teach me?  
- *To reverence God's name, word, and works.*

Reading: Gen. 1:1 - 2:3

*Concentrate on memorization!*

### Questions

1. The word Sabbath means rest, (Lev. 23:3). It is the day the Lord wants us to rest to remember that there is an eternal rest for us from our work at the end of our lives if we trust in His Son (Heb. 4:9, 11).

2. To call to mind something we already know and to act on it.  
[Elaborate with respect to Sabbath] *eg to remember someone's birthday you might make a card etc..*

Gospel: The Lord gave us the Sabbath to remind us that there is an eternal rest ahead of us if we will love Him, trust in His Son Jesus to save us, and use our lives to serve Him. Is this what you are doing? Do you love God? Do you want to live with Him forever? Do you show that you do by spending the Sabbath with Him? Are you trusting in His Son Jesus to save you? Do you show that you are by attending His worship services? Are you hoping to enter into heaven when you die? Then are you pressing forward in your obedience and faithfully serving the Lord so that He will receive you into heaven when you die? Jesus said, “If anyone serves Me, he must follow Me; and where I am, there My servant will be also; if anyone serves Me, the Father will honor him” (John 12:26). If you can truthfully answer yes to these questions, then you have every hope that you will one day be with the Lord in heaven. But if you can't, then you need Jesus to change your heart so that you will love Him, trust Him and serve Him. Ask Him to change your heart so that you can enter into heaven.

Extras: Jigsaw of Commandment; 'Blanks' w/s 80-87

Songs: Greatest Commandment, 10 Commandments