

Question 87

Name _____

Q87. What does the fourth commandment teach us?

A87. To keep the Sabbath holy.

Scripture Base: Ex 16:11-30, Deu 5, Isa. 58:13-14, John 6:31-35; Heb 4:4, 9-11, 10:23-25, 1 Jn 5:2-3.

Doctrine: WCF19, 21:1-8 SC 57-62

Supplementary Questions

1. What are we supposed to remember regarding the Sabbath?

2. What are we not to do on the Sabbath?

3. What are we to do on the Sabbath?

Songs: “The Greatest Commandment” & “The Ten Commandments” – Judy Rogers

Teaching Notes

Review. Q86 What is the fourth commandment? - *Remember the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath of the LORD your God; in it you shall not do any work, you or your son or your daughter, your male or your female servant or your cattle or your sojourner who stays with you. For in six days the LORD made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the LORD blessed the Sabbath day and made it holy.*

Story Ex 16: 11-30, The gift of Manna.
John 6:31-35, Physical & Spiritual provision.

Supplementary Questions

1. We are to remember to keep the day holy.

What does holy mean? - It means set apart to God.

To keep the Sabbath holy, we are to set the day apart from the things we usually do, so that we can do what God wants us to do.

2. We are not to work on the Sabbath or cause others to work (Deut. 5:14). We are also not to talk about our work, or play the kind of games we might normally play on other days (Isa. 58:13-14).

3. God wants us to rest from the things we usually do so that we might spend time with Him.

The most important thing He wants us to do is gather together for worship and fellowship (Heb. 10:23-25).

This isn't at all hard to do if you really love Him (1 John 5:2-3).

Gospel: The Sabbath is a gift to us and a preparation for heaven. (Heb 4:4,9-11) Are you using it the way God wants you to? Only true believers, with the help of the Holy Spirit, can do this. You need Jesus to change your heart so that you will love Him, trust Him and serve Him. Ask Him to change your heart so that you can enter into heaven.

Extras: Calendar 1-5 collect 'manna' & stick on paper. Day 6: collect double; day 7: write - rest & worship. (Spread out dried potato flakes on a towel on the floor. Give each child a spoon and send them out to collect!)

W/S 80-87 - fill in blanks. Review jigsaw

Songs: Greatest Commandment, 10 Commandments