

Questions 88 & 89

Name _____

Q88. What day of the week is the Christian Sabbath?

A88. The first day of the week, called the Lord's Day.

Q89. Why is it called the Lord's Day?

A89. Because on that day Christ rose from the dead.

Scripture Base: Matt. 12:8, 28:1-7; Acts 20:7;

1 Cor. 16:2; Heb. 4:1-11; Rev. 1:10.

Doctrine: WCF: 21:8 SC 59

Supplementary Questions

1. What is the Sabbath?

2. When is the "Christian" Sabbath?

3. What does "Lord's Day" mean?

4. What is it that makes this day special to Him?

5. Why is the resurrection important?

Song: The 10 Commandments – Judy Rogers

Teaching Notes

Review Q87: What does the 4th Commandment teach us? –
To keep the Sabbath holy.

Scripture: Heb: 1-11

Questions

1. It is the day Christians are to keep as a day of rest and worship, following the requirement of the fourth commandment (the commandment tells the frequency of how often and how long: work six days, rest on the seventh. God must tell us when to begin and end the days in some other way than the commandment itself. - *See following question*).
2. The first day of the week (Matt. 28:1-7; Acts 20:7).
3. It means a day that belongs to the Lord (Matt 12:8; Rev. 1:10), in the same way the Lord's Supper belongs to Him.
4. This is the day of the week He rose from the dead (Mark 16:1-6), and entered into His rest (Heb. 4:9-10). The Lord's Supper is to remind us of His death, the Lord's Day of His resurrection.
5. It is important because when Jesus rose from the dead, He conquered death for everyone who would trust in Him. (1 Cor. 15:54-55).

Gospel: Point to Sabbath rest. Heb. 4:1-11 Are you ready? Will you enjoy this future rest? Your attitude toward the Lord's Day *now* is a guide to this! Ask God to help you to keep His Day holy - set apart & special!

Extras: Rest & worship choices w/s Empty tomb with moveable stone & angel. **Need** plain paper, brown tomb shape and stone, brad, angel picture. Stick on tomb shape, glue angel picture inside. Use brad to attach stone so that it can be 'rolled back' to reveal angel.

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